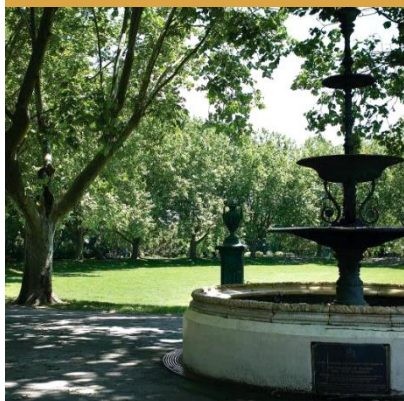


SPRING BREAK PRACTICE CLASSES



Don't miss this opportunity to get some Taiji and Qigong practice in over the Spring Break

SUNDAY 23 September 2018 - 9.30 to 11.00am



Victoria Gardens

361 – 381 High Street, Prahran

Parking

There is plenty of free parking in High Street, Lewisham Road & Murray Street.

Public Transport

If you are travelling by public transport you can get a No. 6 Tram up High Street, or a 261 or 219 bus along Williams Road.

SUNDAY 30 September 2018 – 10.00 to 11.30am



Edwards Lake Park

Griffiths Street, Reservoir (meet at the Bandstand in the Park directly opposite 7 Griffiths Street)

Parking

There is plenty of free parking in Griffiths and Edwardes Streets

Public Transport

If you are travelling by public transport you can get the train to Reservoir Station & walk approx. 15mins or get a 533 bus along Edwardes Street.

WEDNESDAY 26 September 2018 – 9.30 to 10.30am



Elwood Sailing Club Foreshore

Ormond Esplanade, Elwood

Parking

There is plenty of free parking in the side streets off Ormond Esplanade or near the Wattie Watson Oval.

Public Transport

If you are travelling by public transport you can get a 606, 600, 922 or 923 bus along Ormond Road, then walk about 5 minutes.

Make sure you bring a hat, sunscreen and water.

If it's raining (i.e. POURING), classes will be cancelled.

These practice classes are designed to help you keep up with your training and practice during the Term Break

Anyone more than welcome to attend

Cost is \$10.00 per hour payable on the day

If you have questions or need any help, please ring Peter on 0430 093 546 or Angelo on 0411 087 257